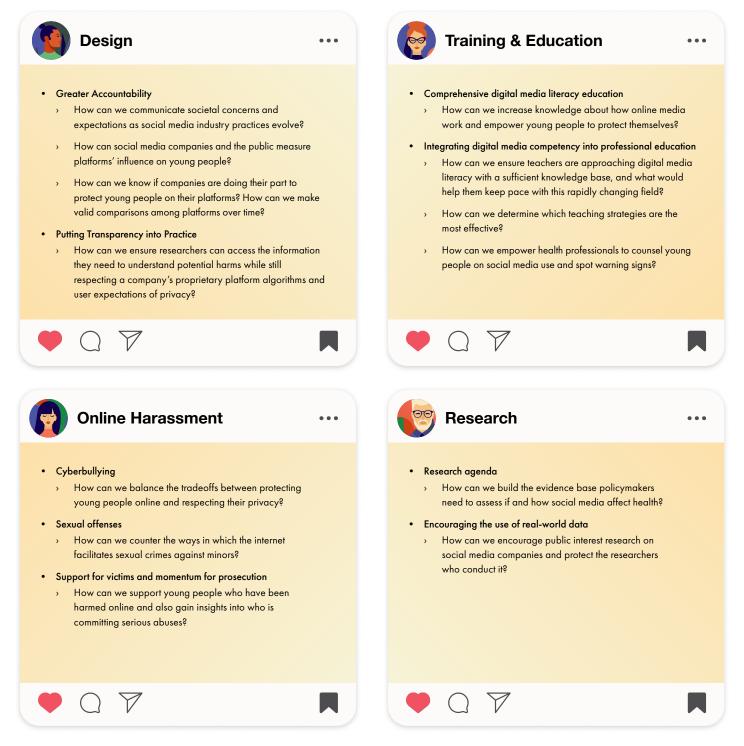
NATIONAL ACADEMIES Sciences Engineering Medicine

## **Recommendation Categories at a Glance**

A recent National Academies consensus study, **Social Media and Adolescent Health**, examined current research about social media's impact effects on the mental and physical health of young people. The resulting report calls for a better understanding of social media's influence on development and makes specific recommendations for policymakers and other leaders in the categories of design, training and education, online harassment, and research. Learn more about the framework for those recommendations below.



Learn more about the study committee's recommendations within this framework and access the full report at <u>www.nationalacademies.org/social-media-adolescents</u>.