# The Most Common and Serious Health Conditions Associated with Intimate Partner Violence

Intimate partner violence (IPV) affects nearly half of women in the United States at some point during their lifetime. The Health Resources and Services Administration's Office of Women's Health asked the National Academies of Sciences, Engineering, and Medicine to convene a multidisciplinary committee of experts to identify the essential health care services for women related to intimate partner violence during steady state conditions, determine any changes to that list during public health emergencies (PHEs), and define strategies to ensure women can access essential care during PHEs. The resulting report, Essential Health Care Services Addressing Intimate Partner Violence, presents a roadmap for change. Below are the most common and serious health conditions associated with experiencing IPV.

# **Traumatic Brain Injury**

Memory loss, headaches, dizziness, seizures, blackouts, difficulty concentrating, behavior and mood changes, difficulty sleeping, difficulty thinking and organizing thoughts, skull fractures

#### **Mental and Behavioral Health Problems**

Anxiety, depression, post-traumatic stress disorder, substance use disorders, eating disorders

# **Dental Injuries**

Broken or lost teeth

### Obstetric and Perinatal Health Problems

High blood pressure, severe nausea, vomiting, dehydration, vaginal bleeding, kidney or urinary tract infections, inadequate maternal weight gain, premature birth, low birthweight infants, miscarriage, preeclampsia, newborn death, intimate partner homicide

# **Musculoskeletal Injuries**

Fractures of the forearm, hand, fingers, shoulder blade, ribs, collar bone, sternum, foot, and ankle; sprains and strains; arthritis; joint disease; difficulty moving or walking

# **Strangulation Injuries**

Stroke; damage to the main blood vessels in the neck; throat cartilage fractures; airway damage; brain injuries from lack of oxygen; voice loss or difficulty speaking; seizures; bruises; injuries to the bones, muscles, and ligaments of the neck; post-traumatic stress disorder

# Injuries to the Head, Face, and Neck

Facial fractures, particularly breaks to the nose, maxilla (jaw), and orbits (eye sockets); cuts; bruises; other soft tissue injuries to the face, eyes, and ears

# **Chronic Pain**

Migraines; frequent headaches; chronic back, pelvic, or abdominal pain; fibromyalgia

### Gynecologic and Reproductive Health Problems

Chronic pelvic pain, sexually transmitted infections, HIV infection, other gynecologic infections, unintended or rapid repeat pregnancies, unusual vaginal discharge or bleeding

Learn more and access the full report at national academies.org/intimate-partner-violence.



